

SEX ED 101

Sex education provides young people with the necessary knowledge to make informed decisions about their bodies and futures.

SEX ED...

- Aligns with National Sex Education Standards
- Is evidence-based, medically accurate, age-appropriate
- Develops an understanding of healthy and unhealthy relationships
- Deepens knowledge about sexual and reproductive health, contraception, abstinence, and sexuality
- Is intersectional, culturally relevant, and inclusive

8 in 10

parents support sex ed



SEX ED
SUCCESS

DECREASES



Unintended pregnancies
STI Transmission
Sexual violence
LGBTQ health disparities
Bullying

INCREASES



Academic success
Healthy relationships
Media literacy
Bystander intervention

What's NOT Sex ED?

*Sexual Risk Avoidance Programs
(AKA Abstinence-Only-Until-Marriage)*

- Rely on misinformation and stigma
- Do NOT lower unintended pregnancies or STI rates
- Promote harmful stereotypes
- Enforce a certain belief system regardless of students' religion

Less than half of US high schools teach the bare minimum sex education requirements outlined by the CDC