



## ADOLESCENT SEXUAL HEALTH PROMOTION AT A GLANCE

The following is an overview of the state of adolescent sexual health promotion efforts in Virginia in Fiscal Year (FY) 2012 including sexuality education state laws and policy, sexual health data, and federal funding.

### STATE LEVEL SEXUALITY EDUCATION LAW AND POLICY OVERVIEW

[Virginia state law](#) states that all curriculum decisions are to be left to local school boards; however, programs of instruction must meet or exceed the requirements of the Virginia Board of Education. Virginia gives permission for local school boards to develop family life education programs with the “goals of reducing the incidence of pregnancy and sexually transmitted diseases [STDs] and substance abuse among teenagers.” The [Virginia Board of Education](#) provides family life education standards. Parents or guardians may remove their children from school-based sexuality education and/or HIV/STD education classes (“opt-out”).

### VIRGINIA YOUTH RISK BEHAVIOR SURVEY (YRBS) DATA

In 2011, 87% of high school students in Virginia reported having been taught about AIDS/HIV in school, compared to 84% of high school students nationwide. *Virginia did not participate in the full 2011 YRBS.*

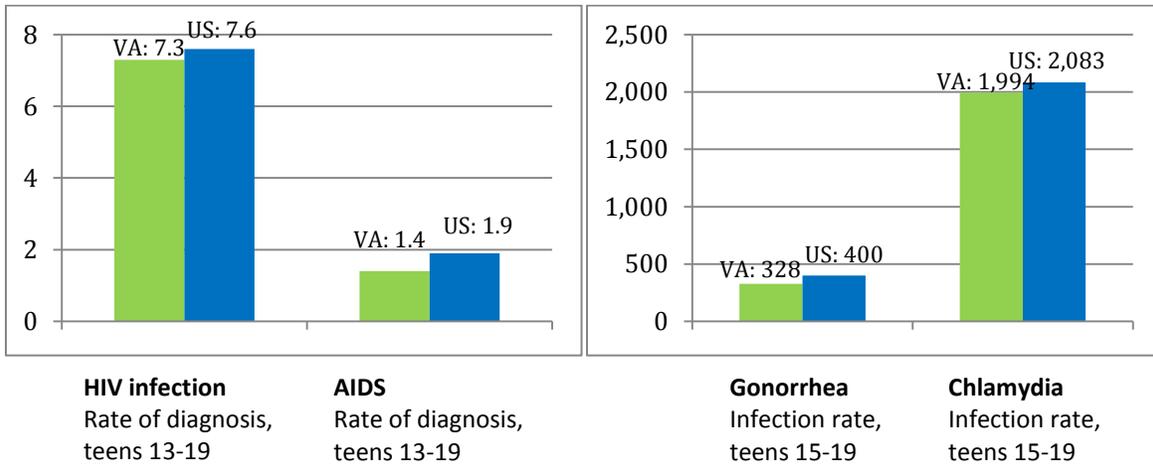
### VIRGINIA TEEN PREGNANCY, BIRTH & ABORTION RATES

↓ Virginia’s teen **pregnancy rate is lower than the national average**, with 56 pregnant teens per 1,000 compared to 68 pregnant teens per 1,000 nationwide in 2008.

↓ Virginia’s teen **birth rate is lower than the national average**, with 25 teens per 1,000 giving birth compared to 31 teens per 1,000 nationwide in 2011.

↓ Virginia’s teen **abortion rate is lower than the national average**, with 15 teens per 1,000 having an abortion compared to 18 teens per 1,000 nationwide in 2008.

**VIRGINIA'S YOUNG PEOPLE: HIV/AIDS & OTHER STD RATES IN 2011** (PER 100,000)



**FY 2012 FEDERAL FUNDING IN VIRGINIA: TOTAL \$3,076,228**

**Title V AOUM Program (Title V) \$810,187**

Virginia has chosen to implement abstinence-only-until-marriage (AOUM) programs through Title V, matching every \$4 federal dollars with \$3 state dollars or in-kind contributions.

The Virginia Department of Health administers the Title V AOUM program in collaboration with seven local health districts to provide programming to youth in both community-based and school-based settings targeting Latino youth ages 10–14 in grades six through eight. Virginia sub-grantees provide the match through in-kind support.



**Personal Responsibility Education Program (PREP) \$2,266,041**

Funds for states (PREP), local entities (PREIS), community/faith-based organizations (CPREP), and tribes (TPREP) to implement evidence-informed or innovative teen pregnancy- and HIV/STD-prevention, and adulthood preparation programs for young people.

There is one PREIS grantee in Virginia, Lighthouse Outreach, Inc., that supports its abstinence program, primarily serving African-American young people ages 10–19 in the Hampton Roads area, concentrating on areas with high rates of teenage pregnancy, STDs, and poverty.

Five local entities in Virginia received CPREP funds in FY 2012: the City of Alexandria; James Madison University (JMU); Family Service of Roanoke Valley; Planned Parenthood of Southeastern Virginia (PPSEV); and the City of Waynesboro. JMU programs are implemented in Harrisonburg, Rockingham, and Page county schools with 14 community partners in 16 sites seeking to serve 5,050 middle and high school students. The Family Service of Roanoke Valley is implementing is targeting elementary, middle, and high school students in school and after-school settings across Roanoke City. PPSEV serves ninth grade students in the Newport News public schools as well as youth participating in local organizations in the in the Hampton/Newport News area. More information on the City of Alexandria's and the City of Waynesboro's CPREP programs were unknown at time of publication.

For further background on the federal programs, information on the grantees and the programs they are implementing, as well as citations, please see the FY 2012 Virginia State Profile available at

[www.siecus.org/Virginia2012](http://www.siecus.org/Virginia2012)