




ADOLESCENT SEXUAL HEALTH PROMOTION AT A GLANCE

The following is an overview of the state of adolescent sexual health promotion efforts in Utah in Fiscal Year (FY) 2013, including sexuality education state laws and policy, sexual health data, and federal funding.

STATE LEVEL SEXUALITY EDUCATION LAW AND POLICY OVERVIEW

[Utah Code](#) mandates that the state board of education establish curriculum requirements in grades eight through twelve for the prevention of communicable diseases. The instruction must stress abstinence and materials used for instruction in health cannot include the intricacies of intercourse, the advocacy of homosexuality, the advocacy or encouragement of the use of contraceptive methods or devices, or the advocacy of sexual activity outside of marriage. [The Elementary Core Curriculum: Responsible Healthy Lifestyles 3–6](#) and [Secondary Health Core Curriculum](#) documents suggest curriculum frameworks produced by the Utah State Office of Education, though schools are not required to follow this framework. Parents or guardians must give written permission in order for a student to participate in any form of sexuality education (“opt-in”).


UTAH YOUTH RISK BEHAVIOR SURVEY (YRBS) DATA

 Among Utah high school students in 2013, 8% of females and 6% of males **reported experiencing physical dating violence one or more times** during the 12 months before the survey, lower than the reported national average of 13% of females and 7% of males.

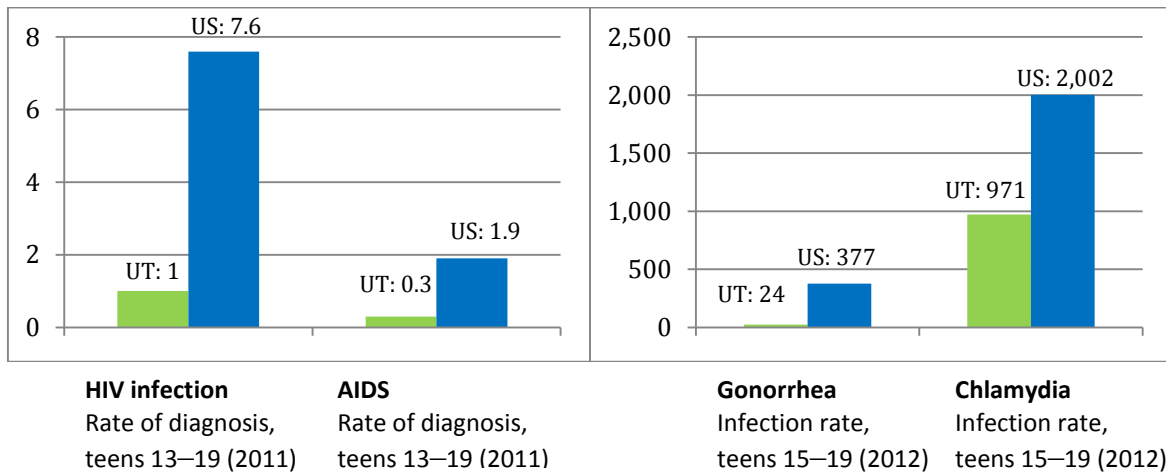
UTAH TEEN PREGNANCY, BIRTH, AND ABORTION RATES

 In 2010, Utah’s **teen pregnancy rate was lower than the national average**, with 38 pregnancies per 1,000 teens ages 15–19, compared to 57 per 1,000 nationwide.

 In 2012, Utah’s **teen birth rate was lower than the national average**, with 23 births per 1,000 teens ages 15–19, compared to 29 per 1,000 nationwide.

 In 2010, Utah’s **teen abortion rate was lower than the national average**, with 4 abortions per 1,000 teens ages 15–19, compared to 15 per 1,000 nationwide.

UTAH'S YOUNG PEOPLE: HIV/AIDS AND OTHER STD RATES (PER 100,000)

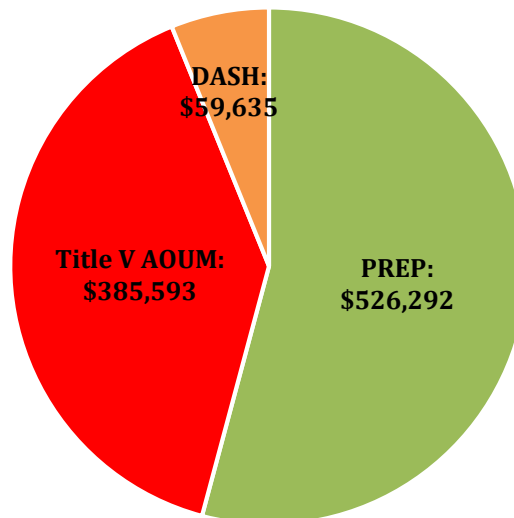


FY 2013 FEDERAL FUNDING IN UTAH: TOTAL \$971,520

Title V AOUM Program (Title V) \$385,593

Utah has chosen to implement abstinence-only-until-marriage (AOUM) programs through Title V, matching every \$4 federal dollars with \$3 state dollars or in-kind contributions.

The Utah Department of Health, Division of Family Health and Preparedness implements the state's Title V AOUM through six sub-grantees, which provide programming in both school- and community-based settings to young people ages 10–16 who belong to racial and ethnic minority groups or reside in areas of the state with high teenage birth rates, as well as to young people in the juvenile justice system. The six sub-grantees provide the state matching funds.



Personal Responsibility Education Program (PREP) \$526,292

Funds for states (PREP), local entities (PREIS), community/faith-based organizations (CPREP), and tribes (TPREP) to implement evidence-informed or innovative teen pregnancy- and HIV/STD-prevention, and adulthood preparation programs for young people.

The Utah Department of Health, Division of Family Health and Preparedness administers the PREP grant, which provides funding to six local public and private entities to serve young people ages 14–19 who belong to racial and ethnic minority groups or reside in areas with high teenage birth rates, as well as current teenage parents.

Division of Adolescent and School Health (DASH) \$59,635

Funds state and local education agencies to help districts implement exemplary sexual health education (ESHE), increase access to key sexual health services (SHS), and establish safe and supportive environments (SSE) for students and staff; funds HIV/STD prevention efforts for young men who have sex with men (YMSM); supports state education and health agencies' surveillance efforts.

The Utah Department of Health receives DASH funds to collect and report the Youth Risk Behavior Surveillance and the School Health Profiles.

For further background on the federal programs, information on the grantees and the programs they are implementing, as well as citations, see the FY 2013 Utah State Profile available at siecus.org/Utah2013.