

State Profile



**Texas** 

# ADOLESCENT SEXUAL HEALTH PROMOTION AT A GLANCE

The following is an overview of the state of adolescent sexual health promotion efforts in Texas in Fiscal Year (FY) 2012 including sexuality education state laws and policy, sexual health data, and federal funding.

## STATE LEVEL SEXUALITY EDUCATION LAW AND POLICY OVERVIEW

<u>Texas Education Code</u> states that all course materials and instruction related to human sexuality must stress abstinence, providing specific criteria for discussion of HIV/AIDS, sexually transmitted diseases (STDs), and contraception. In 2009, the <u>Texas Board of Education</u> repealed the state's existing health education requirement. Though the specifics of what may or may not be taught still remain in the Texas Education Code, schools may not choose whether or not to offer health education courses. Parents or guardians may remove their children from school-based sexuality education classes if it conflicts with their "religious or moral beliefs" ("opt-out").

#### **REPORTED SEXUAL ACTIVITY OF YOUNG PEOPLE IN TEXAS**

Among Texas high school students in 2011, 49% of females and 55% of males reported ever having had sexual intercourse, higher than the reported national average of 46% of females and 49% of males.

Among Texas high school students in 2011, 37% of females and 36% of males reported being currently sexually active (having had sexual intercourse in the three months prior), higher than the reported national average of 34% of females and 33% of males.

## **TEXAS TEEN PREGNANCY, BIRTH & ABORTION RATES**

Texas's teen **pregnancy rate is higher than the national average**, with 85 pregnant teens per 1,000 compared to 68 pregnant teens per 1,000 nationwide in 2008.

Texas's teen **birth rate is higher than the national average**, with 47 teens per 1,000 giving birth compared to 31 teens per 1,000 nationwide in 2011.

Texas's teen **abortion rate is lower than the national average**, with 11 teens per 1,000 having an abortion compared to 18 teens per 1,000 nationwide in 2008.

## TEXAS'S YOUNG PEOPLE: HIV/AIDS & OTHER STD RATES IN 2011 (PER 100,000)



HIV infection Rate of diagnosis, teens 13-19 AIDS Rate of diagnosis, teens 13-19



## FY 2012 FEDERAL FUNDING IN TEXAS: TOTAL \$21,521,898

#### Title V AOUM Program (Title V) \$5,362,001

Texas has chosen to implement abstinenceonly-until-marriage (AOUM) programs through Title V, matching every \$4 federal dollars with \$3 state dollars or in-kind contributions.

The Texas Department of State Health Services implements the Title V AOUM program through its Abstinence-Centered Teen Pregnancy Prevention program sub-granting to 13 organizations implementing both community-based and school-based programming, as well as a statewide media campaign. The match is provided through a combination of state revenue, totaling, direct service contracts, and contributions (cash and in-kind) from a media contract.



#### Personal Responsibility Education Program (PREP) \$8,519,355

Funds for states (PREP), local entities (PREIS), community/faith-based organizations (CPREP), and tribes (TPREP) to implement evidence-informed or innovative teen pregnancy- and HIV/STD-prevention, and adulthood preparation programs for young people.

Fourteen local entities receive CPREP funds in Texas: Ambassadors for Christ Youth Ministries, Inc.; BCFS Health and Human Services; Bee Busy Learning Academy, Inc.; Cardea Services; Change Happens; Community Action Corporation of South Texas; Creative Visions Social Services & Consultants, Inc.; Girls Inc. of Metropolitan Dallas; Healthy Families San Angelo; Henderson County HELP Center, Inc.; Lifeworks Youth and Family Alliance; Planned Parenthood of North Texas, Inc.; Project Vida Health Center; and Seasons of Change, Inc.

For further background on the federal programs, information on the grantees and the programs they are implementing, as well as citations, please see the FY 2012 Texas State Profile available at <u>www.siecus.org/Texas2012</u>

# Teen Pregnancy Prevention Initiative (TPPI) \$7,640,542

Funds for local entities to implement evidence-based programs (Tier 1) or innovative strategies (Tier 2) to prevent teen pregnancy.

There are three Tier 1 grantees in Texas: Navasota ISD, Youth and Family Alliance (LifeWorks); and the University of Texas Health Science Center at Houston (UTHealth). Navasota ISD implements programmaing in all elementary schools in Grimes County; LifeWorks partners with Planned Parenthood of the Texas Capital **Region and Austin Independent School** District to implement abstinence-based programming to 9th and 10th graders in school and community-based settings; and UTHealth collaborates with 11 school districts and community partners to implement programming in in 97 middle schools and 87 high schools across Harris County. The Arlington Independent School District, the first of two Tier 2 grantees, implements programming for youth ages 17–19 enrolled in the district's dropout recovery program. With Tier 2 funds, UTHealth also partners with Judson Independent School District to implement curriculum-based sessions, tutoring, mentoring, service learning, parent workshops, and referrals to health services. Additionally, UTHealth uses Tier 2 Communitywide Initiative funds to advance a community abstinence-onlyuntil-marriage program model for Latino youth in the southern part of Bexar County.

