



## ADOLESCENT SEXUAL HEALTH PROMOTION AT A GLANCE

The following is an overview of the state of adolescent sexual health promotion efforts in North Carolina in Fiscal Year (FY) 2012 including sexuality education state laws and policy, sexual health data, and federal funding.

### STATE LEVEL SEXUALITY EDUCATION LAW AND POLICY OVERVIEW

North Carolina schools are required to teach a comprehensive health education program, including instruction on the prevention of unintended pregnancy and sexually transmitted diseases (STDs). Reproductive health and safety education begins in grade seven and teaches that abstinence until monogamous heterosexual marriage is the best lifelong means of avoiding STDs. Instruction teaches how STDs are transmitted, the effectiveness of different methods of reducing the risk of contracting STDs and preventing pregnancy, and information on local resources for testing and medical care for STDs. Instruction also teaches awareness of sexual assault, sexual abuse, and risk reduction. Parents and legal guardians may consent or withhold their consent to students' participation ("opt-in" and "opt-out"). For more information, see [North Carolina General Statutes § 115C-81](#), [Components of a Strong School HIV Policy](#), [Healthful Living: Standard Course of Study and Grade-Level Competencies](#), and [Communicable Diseases—Students](#).

### REPORTED SEXUAL ACTIVITY OF YOUNG PEOPLE IN NORTH CAROLINA

 Among North Carolina high school students in 2011, 47% of females and 51% of males reported **ever having had sexual intercourse, higher than the reported national average** of 46% of females and 49% of males.

 Among North Carolina high school students in 2011, 37% of females and 33% of males reported being currently sexually active (having had sexual intercourse in the three months prior), **higher for females than the reported national average** of 34% of females and 33% of males.

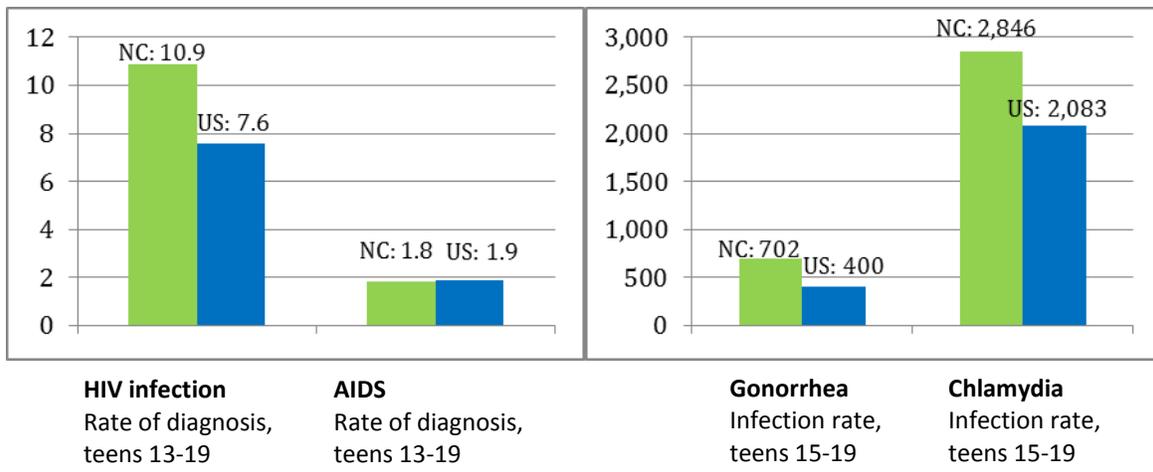
### NORTH CAROLINA TEEN PREGNANCY, BIRTH & ABORTION RATES

 North Carolina's teen **pregnancy rate is higher than the national average**, with 72 pregnant teens per 1,000 compared to 68 pregnant teens per 1,000 nationwide in 2008.

 North Carolina's teen **birth rate is higher than the national average**, with 35 teens per 1,000 giving birth compared to 31 teens per 1,000 nationwide in 2011.

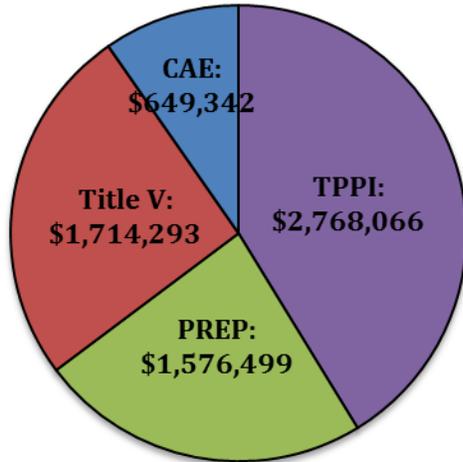
 North Carolina's teen **abortion rate is lower than the national average**, with 14 teens per 1,000 having an abortion compared to 18 teens per 1,000 nationwide in 2008.

**NORTH CAROLINA'S YOUNG PEOPLE: HIV/AIDS & OTHER STD RATES IN 2011 (PER 100,000)**



**FY 2012 FEDERAL FUNDING IN NORTH CAROLINA: TOTAL \$6,708,200**

**Competitive Abstinence Education (CAE): \$649,342**  
*Funds for community- and faith-based organizations to implement abstinence-only-until-marriage programs.*  
 There is one CAE grantee in North Carolina, CJH Educational Grant Services, Inc.



**Teen Pregnancy Prevention Initiative (TPPI) \$2,768,066**  
*Funds for local entities to implement evidence-based programs (Tier 1) or innovative strategies (Tier 2) to prevent teen pregnancy.*

There are two TPPI Tier 1 grantees in North Carolina: Family Resource Center of Raleigh, Inc., which provides in-school, abstinence-only programming to youth ages 11-19 in five counties: Durham, Edgecombe, Orange, Wake, and Wilson; and Iredell-Statesville school district which partners with the Boys & Girls Club of Piedmont and others to deliver evidence-based programming to at-risk youth ages 13-19.

There is one Tier 2 Communitywide Initiatives grantee, the Adolescent Pregnancy Prevention Campaign of North Carolina (APPCNC), which supports coordinated efforts in Gaston County to reduce the teen pregnancy and birth rates by 10% over five years. APPCNC has established three local advisory groups to lead program implementation, including a community advisory panel, youth advisory panel, and a core partner group.

**Title V AOUM Program (Title V) \$1,714,293**  
*North Carolina has chosen to implement abstinence-only-until-marriage (AOUM) programs through Title V, matching every \$4 federal dollars with \$3 state dollars or in-kind contributions.*  
 The North Carolina Department of Public Instruction provides Title V AOUM funding to 32 sub-grantees in an effort to support programs targeting students ages 10-14 in grades four through six in both school- and community-based settings. The majority of the funding goes to 19 local education agencies and two Universities, East Carolina University and Appalachian State University. The match is provided through in-kind contributions.

**Personal Responsibility Education Program (PREP) \$1,576,499**  
*Funds for states (PREP), local entities (PREIS), community/faith-based organizations (CPREP), and tribes (TPREP) to implement evidence-informed or innovative teen pregnancy- and HIV/STD-prevention, and adulthood preparation programs for young people.*  
 The North Carolina Department of Health and Human Services, Division of Public Health implements the state's PREP grant, PREPare for Success, in collaboration with 11 sub-grantees to provide school and community-based programming to youth in grades 6 through 12 in Bertie, Columbus, Craven, Graham, Greene, Halifax, Lee, Martin, Robeson, and Vance counties.

For further background on the federal programs, information on the grantees and the programs they are implementing, as well as citations, please see the FY 2012 North Carolina State Profile available at [www.siecus.org/NorthCarolina2012](http://www.siecus.org/NorthCarolina2012)