



ADOLESCENT SEXUAL HEALTH PROMOTION AT A GLANCE

The following is an overview of the state of adolescent sexual health promotion efforts in Maine in Fiscal Year (FY) 2012 including sexuality education state laws and policy, sexual health data, and federal funding.

STATE LEVEL SEXUALITY EDUCATION LAW AND POLICY OVERVIEW

[Maine's sexuality education law](#) mandates that the state Department of Health and Human Services "undertake initiatives to implement effective, comprehensive family life education services." Programs must be taught in kindergarten through 12th grade. The information provided must be medically accurate and age-appropriate, and must respect community values and encourage parent-child communication. Programs must teach about abstinence, healthy relationships, contraception, and conflict resolution. No specific curriculum is mandated. Parents or guardians may remove their children from school-based sexuality education and/or HIV/STD education classes ("opt-out").

REPORTED SEXUAL ACTIVITY OF YOUNG PEOPLE IN MAINE

↓ Among Maine high school students in 2011, 45% of females and 45% of males reported **ever having had sexual intercourse, lower than the reported national average** of 46% of females and 49% of males.

↔ Among Maine high school students in 2011, 36% of females and 31% of males reported being currently sexually active (having had sexual intercourse in the three months prior), **similar to the reported national average** of 34% of females and 33% of males.

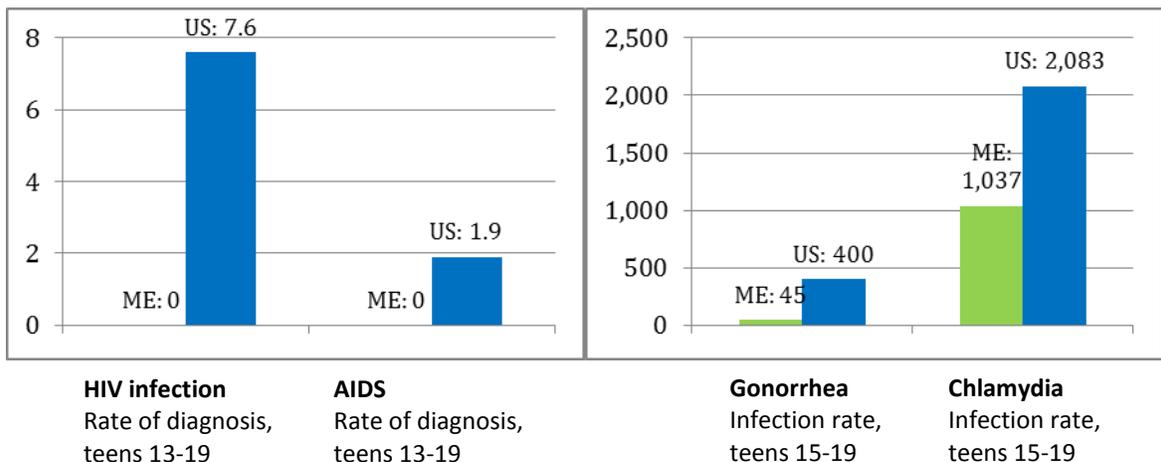
MAINE TEEN PREGNANCY, BIRTH & ABORTION RATES

↓ Maine's teen **pregnancy rate is lower than the national average**, with 43 pregnant teens per 1,000 compared to 68 pregnant teens per 1,000 nationwide in 2008.

↓ Maine's teen **birth rate is lower than the national average**, with 21 teens per 1,000 giving birth compared to 31 teens per 1,000 nationwide in 2011.

↓ Maine's teen **abortion rate is lower than the national average**, with 12 teens per 1,000 having an abortion compared to 18 teens per 1,000 nationwide in 2008.

MAINE'S YOUNG PEOPLE: HIV/AIDS & OTHER STD RATES IN 2011 (PER 100,000)



FY 2012 FEDERAL FUNDING IN MAINE: TOTAL \$250,000

Personal Responsibility Education Program (PREP) \$250,000

Funds for states (PREP), local entities (PREIS), community/faith-based organizations (CPREP), and tribes (TPREP) to implement evidence-informed or innovative teen pregnancy- and HIV/STD-prevention, and adulthood preparation programs for young people.

The Maine Center for Disease Control and Prevention administers the PREP state grant program in collaboration with the Family Planning Association of Maine and Jobs for Maine’s Graduates. The Family Planning Association of Maine provides oversight, training, technical assistance, fidelity monitoring, evaluation, and materials to Jobs For Maine’s Graduates, who implements the programming to high school students in alternative school settings. Programming serves high school juniors and seniors at the following high schools: Belfast, Biddeford, Carrabec, Houlton, Lewiston Regional Technical Center, Mt. View, and Penquis Valley.

For further background on the federal programs, information on the grantees and the programs they are implementing, as well as citations, please see the FY 2012 Maine State Profile available at www.siecus.org/Maine2012