



## ADOLESCENT SEXUAL HEALTH PROMOTION AT A GLANCE

The following is an overview of the state of adolescent sexual health promotion efforts in Iowa in Fiscal Year (FY) 2012 including sexuality education state laws and policy, sexual health data, and federal funding.

### STATE LEVEL SEXUALITY EDUCATION LAW AND POLICY OVERVIEW

[Iowa](#) mandates that research-based, age-appropriate health education be taught in kindergarten through 12<sup>th</sup> grade, and details what must be included by grade. Curriculum materials must be up-to-date, age-appropriate, and research-based/medically accurate; furthermore, all information must be free of biases based on race, ethnicity, sexual orientation, or gender. School districts may teach age-appropriate, science-based, comprehensive sexuality education as part of the health curriculum, but may also use abstinence-only materials so long as those materials fall within the parameters of the law. Parents or guardians may remove their children from school-based sexuality education and/or HIV/STD education classes (“opt-out”).

### REPORTED SEXUAL ACTIVITY OF YOUNG PEOPLE IN IOWA

 Among Iowa high school students in 2011, 44% of females and 44% of males reported **ever having had sexual intercourse, lower than the national average** of 46% of females and 49% of males.

 Among Iowa high school students in 2011, 34% of females and 32% of males reported being currently sexually active (having had sexual intercourse in the three months prior), **similar to the reported national average** of 34% of females and 33% of males.

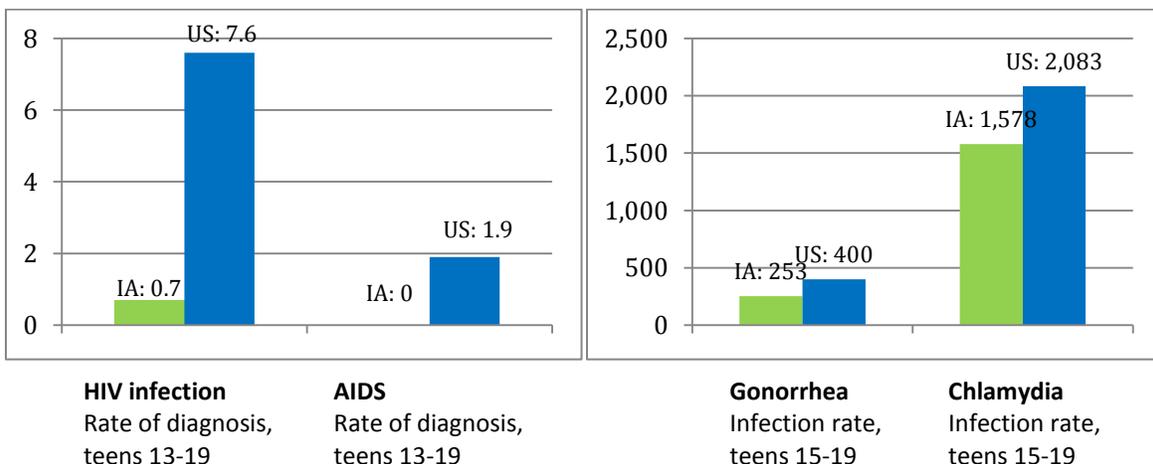
### IOWA TEEN PREGNANCY, BIRTH & ABORTION RATES

 Iowa’s teen **pregnancy rate is lower than the national average**, with 51 pregnant teens per 1,000 compared to 68 pregnant teens per 1,000 nationwide in 2008.

 Iowa’s teen **birth rate is lower than the national average**, with 25 teens per 1,000 giving birth compared to 31 teens per 1,000 nationwide in 2011.

 Iowa’s teen **abortion rate is lower than the national average**, with ten teens per 1,000 having an abortion compared to 18 teens per 1,000 nationwide in 2008.

**IOWA'S YOUNG PEOPLE: HIV/AIDS & OTHER STD RATES IN 2011 (PER 100,000)**

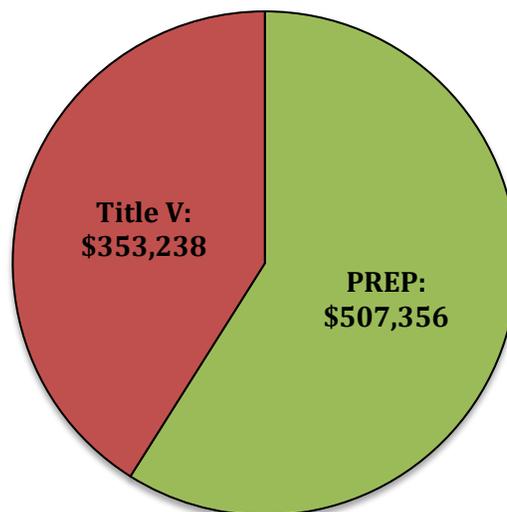


**FY 2012 FEDERAL FUNDING IN IOWA: TOTAL \$860,594**

**Title V AOUM Program (Title V) \$353,238**

*Iowa has chosen to implement abstinence-only-until-marriage (AOUM) programs through Title V, matching every \$4 federal dollars with \$3 state dollars or in-kind contributions.*

The Iowa Department of Public Health chose to sub-grant the Title V AOUM funds to Youth and Shelter Services and Planned Parenthood of the Heartland, both of which provide the matching funds. The sub-grantees provide both school- and community-based programming to middle school youth and youth in foster care, aftercare or residing in an out-of-home care setting in Boone, Marshall, Linn, Story, and Polk counties.



**Personal Responsibility Education Program (PREP) \$507,356**

*Funds for states (PREP), local entities (PREIS), community/faith-based organizations (CPREP), and tribes (TPREP) to implement evidence-informed or innovative teen pregnancy- and HIV/STD-prevention, and adulthood preparation programs for young people.*

The Iowa Department of Public Health sub-grants PREP funds to four entities: Bethany for Children & Families; Cerro Gordo County Department of Public Health; Planned Parenthood of the Heartland; and Women's Health Services of Eastern Iowa, Inc. The Iowa Department of Public Health administers the state PREP grant program in both school and community-based settings. Target populations for programming include African-American and Latino youth, youth in foster care, and youth residing in areas of the state with the highest rates of teen birth. Funded programs take place in Clinton, Cerro Gordo, Pottawattamie, Scott, and Woodbury counties. Sub-awardees are required to promote the PREP program within their service area.

*For further background on the federal programs, information on the grantees and the programs they are implementing, as well as citations, please see the FY 2012 Iowa State Profile available at [www.siecus.org/iowa2012](http://www.siecus.org/iowa2012).*