




## ADOLESCENT SEXUAL HEALTH PROMOTION AT A GLANCE


The following is an overview of the state of adolescent sexual health promotion efforts in North Carolina in Fiscal Year (FY) 2013, including sexuality education state laws and policy, sexual health data, and federal funding.

### STATE LEVEL SEXUALITY EDUCATION LAW AND POLICY OVERVIEW

North Carolina schools are required to teach a comprehensive health education program, including instruction on the prevention of unintended pregnancy and sexually transmitted diseases (STDs). Reproductive health and safety education begins in grade seven and teaches that abstinence until monogamous heterosexual marriage is the best lifelong method for avoiding STDs. Instruction teaches how STDs are transmitted, the effectiveness of different methods of reducing the risk of contracting STDs and preventing pregnancy, and information on local resources for testing and medical care for STDs. Instruction also teaches awareness of sexual assault, sexual abuse, and risk reduction. Parents and legal guardians may consent or withhold their consent to students' participation ("opt-in" and "opt-out"). For more information, see [North Carolina General Statutes § 115C-81](#), [Components of a Strong School HIV Policy](#), [Healthful Living: Standard Course of Study and Grade-Level Competencies](#), and [Communicable Diseases—Students](#).


### REPORTED BEHAVIORS OF YOUNG PEOPLE IN NORTH CAROLINA

 Among North Carolina high school students in 2013, 45% of females and 49% of males reported **ever having had sexual intercourse**, similar to the reported national average of 46% of females and 48% of males.


 Among North Carolina high school students in 2013, 33% of females and 31% of males reported being currently sexually active (having had sexual intercourse in the three months prior), lower than the reported national average of 35% of females and 33% of males.

 Among North Carolina high school students in 2013, 12% of females and 6% of males **reported experiencing physical dating violence one or more times** during the 12 months before the survey, lower than the reported national average of 13% of females and 7% of males.

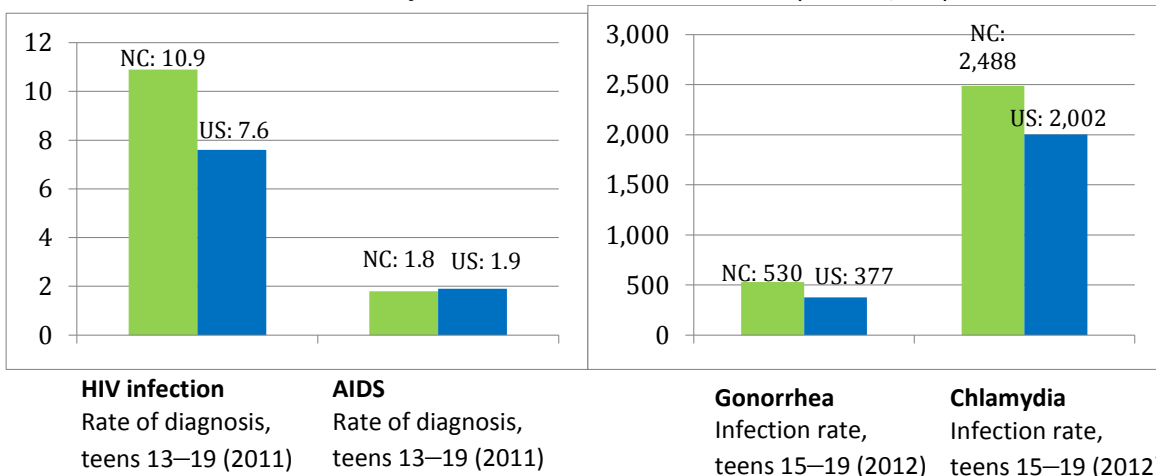
### NORTH CAROLINA TEEN PREGNANCY, BIRTH, AND ABORTION RATES

 In 2010, North Carolina's **teen pregnancy rate was higher than the national average**, with 59 pregnancies per 1,000 teens ages 15–19, compared to 57 per 1,000 nationwide.

 In 2012, North Carolina's **teen birth rate was higher than the national average**, with 32 births per 1,000 teens ages 15–19, compared to 29 per 1,000 nationwide.

 In 2010, North Carolina's **teen abortion rate was lower than the national average**, with 12 abortions per 1,000 teens ages 15–19, compared to 15 per 1,000 nationwide.

## NORTH CAROLINA'S YOUNG PEOPLE: HIV/AIDS AND OTHER STD RATES (PER 100,000)



## FY 2013 FEDERAL FUNDING IN NORTH CAROLINA: TOTAL \$8,830,718

### Competitive Abstinence Education (CAE) \$1,136,718

Funds for community- and faith-based organizations to implement abstinence-only-until-marriage programs.

There are two CAE grantees in North Carolina: CJH Educational Grant Services, Inc., and the Public Health Authority of Cabarrus County.

### Title V AOUM Program (Title V) \$1,621,069

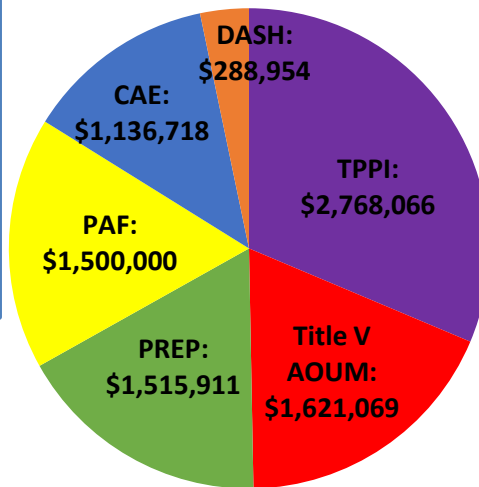
North Carolina has chosen to implement abstinence-only-until-marriage (AOUM) programs through Title V, matching every \$4 federal dollars with \$3 state dollars or in-kind contributions.

The North Carolina Department of Public Instruction provides Title V AOUM funding to 32 sub-grantees in an effort to support programs targeting students ages 10–14 in both school- and community-based settings. The match is provided through in-kind contributions.

### Pregnancy Assistance Fund (PAF) \$1,500,000

Funds for a competitive grant program for state and tribal entities to support at least one of four components serving expectant and parenting teens, fathers, and families.

The North Carolina Department of Health and Human Services receives PAF funding.



### Division of Adolescent and School Health (DASH) \$288,954

Funds state and local education agencies to help districts implement exemplary sexual health education (ESHE), increase access to key sexual health services (SHS), and establish safe and supportive environments (SSE) for students and staff; funds HIV/STD prevention efforts for young men who have sex with men (YMMSM); supports state education and health agencies' surveillance efforts.

The North Carolina Department of Public Instruction receives ESHE, SHS, and SSE DASH funding as well as funds to collect and report the Youth Risk Behavior Surveillance and the School Health Profiles.

### Teen Pregnancy Prevention Initiative (TPPI) \$2,768,066

Funds for local entities to implement evidence-based programs (Tier 1) or innovative strategies (Tier 2) to prevent teen pregnancy.

There are two TPPI Tier 1 grantees in North Carolina: Family Resource Center of Raleigh, Inc., and Iredell-Statesville school district.

There is one Tier 2 Communitywide Initiatives grantee, the Adolescent Pregnancy Prevention Campaign of North Carolina (APPCNC), which supports efforts in Gaston County to reduce the teen pregnancy and birth rates by 10% over five years.

### Personal Responsibility Education Program (PREP) \$1,515,911

Funds for states (PREP), local entities (PREIS), community/faith-based organizations (CPREP), and tribes (TPREP) to implement evidence-informed or innovative teen pregnancy- and HIV/STD-prevention, and adulthood preparation programs for young people.

The North Carolina Department of Health and Human Services, Division of Public Health implements the state's PREP grant, PREPare for Success, in collaboration with 11 sub-grantees to provide school- and community-based programming to young people in grades 6–12 in 11 counties.

For further background on the federal programs, information on the grantees and the programs they are implementing, as well as citations, see the FY 2013 North Carolina State Profile at [siecus.org/NorthCarolina2013](http://siecus.org/NorthCarolina2013).