



ADOLESCENT SEXUAL HEALTH PROMOTION AT A GLANCE


The following is an overview of the state of adolescent sexual health promotion efforts in Iowa in Fiscal Year (FY) 2013, including sexuality education state laws and policy, sexual health data, and federal funding.


STATE LEVEL SEXUALITY EDUCATION LAW AND POLICY OVERVIEW

[Iowa](#) mandates that research-based, age-appropriate health education be taught in grades K–12, and details what material must be covered in each grade. Curriculum materials must be up-to-date, age-appropriate, and research-based/medically accurate; furthermore, all information must be free of biases based on race, ethnicity, sexual orientation, or gender. School districts may teach age-appropriate, science-based, comprehensive sexuality education as part of the health curriculum, but may also use abstinence-only materials so long as those materials fall within the parameters of the law. Parents or guardians may remove their children from school-based sexuality education and/or HIV/STD education classes (“opt-out”).

REPORTED BEHAVIORS OF YOUNG PEOPLE IN IOWA

The state of Iowa did not participate in the 2013 Youth Risk Behavior Survey.


 Among Iowa high school students in 2011, 44% of females and 44% of males reported **ever having had sexual intercourse, lower than the national average** of 46% of females and 49% of males.

 Among Iowa high school students in 2011, 34% of females and 32% of males reported being currently sexually active (having had sexual intercourse in the three months prior), **similar to the reported national average** of 34% of females and 33% of males.

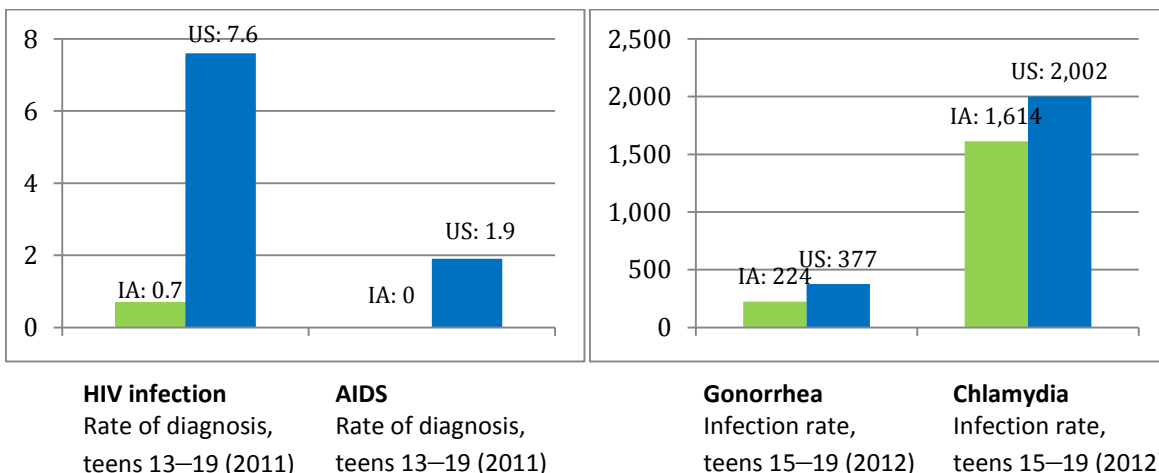
IOWA TEEN PREGNANCY, BIRTH AND ABORTION RATES

 In 2010, Iowa’s **teen pregnancy rate was lower than the national average**, with 44 pregnancies per 1,000 young women ages 15–19, compared to 57 per 1,000 nationwide.

 In 2012, Iowa’s **teen birth rate was lower than the national average**, with 24 births per 1,000 young women ages 15–19, compared to 29 per 1,000 nationwide.

 In 2010, Iowa’s **teen abortion rate was lower than the national average**, with 9 abortions per 1,000 young women ages 15–19, compared to 15 per 1,000 nationwide.

IOWA’S YOUNG PEOPLE: HIV/AIDS AND OTHER STD RATES (PER 100,000)



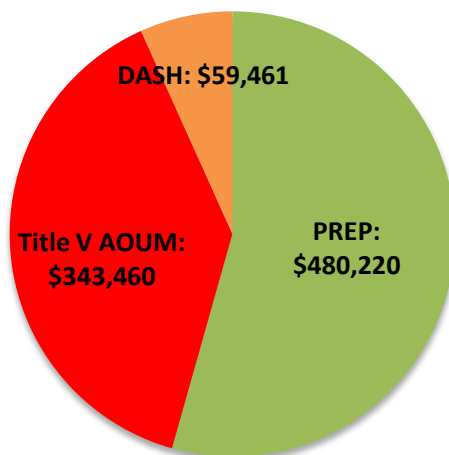
FY 2013 FEDERAL FUNDING IN IOWA: TOTAL \$883,141

Title V AOUM Program (Title V)

\$343,460

Iowa has chosen to implement abstinence-only-until-marriage (AOUM) programs through Title V, matching every \$4 federal dollars with \$3 state dollars or in-kind contributions.

The Iowa Department of Public Health sub-grants the Title V AOUM funds to Planned Parenthood of the Heartland and Youth and Shelter Services, both of which provide the matching funds. The sub-grantees provide both school- and community-based programming to middle school youth and youth in foster care, aftercare or residing in an out-of-home care setting in Boone, Marshall, Linn, Story, and Polk counties.



Division of Adolescent and School Health (DASH) \$59,461

Funds state and local education agencies to help districts implement exemplary sexual health education (ESHE), increase access to key sexual health services (SHS), and establish safe and supportive environments (SSE) for students and staff; funds HIV/STD prevention efforts for young men who have sex with men (YMSM); supports state education and health agencies’ surveillance efforts.

The Iowa Department of Education receives DASH funds to collect and report the Youth Risk Behavior Surveillance and the School Health Profiles.

Personal Responsibility Education Program (PREP) \$480,220

Funds for states (PREP), local entities (PREIS), community/faith-based organizations (CPREP), and tribes (TPREP) to implement evidence-informed or innovative teen pregnancy- and HIV/STD-prevention, and adulthood preparation programs for young people.

The Iowa Department of Public Health sub-grants PREP funds to Bethany for Children & Families; Cerro Gordo County Department of Public Health; Planned Parenthood of the Heartland; and Women’s Health Services of Eastern Iowa, Inc. Implemented in both school and community-based settings, the target populations for programming include African-American and Latino young people, youth in foster care, and youth residing in areas of the state with the highest rates of teen birth. Funded programs take place in Clinton, Cerro Gordo, Pottawattamie, Scott, and Woodbury counties. Sub-awardees are required to promote the PREP program within their service area.

For further background on the federal programs, information on the grantees and the programs they are implementing, as well as citations, see the FY 2013 Iowa State Profile at siecus.org/iowa2013.