

INDIANA

In Fiscal Year 2010¹, local entities in Indiana received:

• Teen Pregnancy Prevention Initiative funds totaling \$998,164

SEXUALITY EDUCATION LAW AND POLICY

Indiana requires that schools provide instruction on HIV/AIDS, and "integrate this effort to the extent possible with instruction on other dangerous communicable diseases." The law states that the Department of Education must work with the Department of Health to develop HIV/AIDS-prevention educational materials and make them available to school districts. These materials must "stress the moral aspects of abstinence from sexual activity" and "state that the best way to avoid AIDS is for young people to refrain from sexual activity until they are ready as adults to establish, in the context of marriage, a mutually faithful monogamous relationship."

State law also mandates that local school boards establish an AIDS Advisory Council, consisting of 13 "parents, students, teachers, administrators, and representatives of the state department of health." The council must review all curricula and materials for HIV/AIDS instruction to ensure that they "are based on sound medical principles and reflect the attitude of the community," recommend the content of HIV/AIDS instruction, and ensure that it is age-appropriate.⁴

Schools are permitted to offer additional sexuality education instruction, which must meet the following criteria:

- teach abstinence from sexual activity outside of marriage as the expected standard for all school age children;
- include in the instruction that abstinence from sexual activity is the only certain way to avoid outof-wedlock pregnancy, sexually transmitted diseases [STDs], and other associated health problems; and
- include in the instruction that the best way to avoid sexually transmitted diseases and other associated health problems is to establish a mutually faithful monogamous relationship in the context of marriage.⁵

Indiana does not require parental permission for students to participate in sexuality or HIV/AIDS education nor does it state whether parents or guardians may remove their children from such classes.

See <u>Indiana Code 20-30-5-12</u>, <u>20-30-5-13</u>, <u>20-34-1-3</u>, <u>20-34-1-13</u>, and <u>20-34-3-17</u>.

RECENT LEGISLATION

SIECUS is not aware of any recent legislation regarding sexuality education in Indiana.

YOUTH SEXUAL HEALTH DATA

SIECUS has compiled the following data to provide an overview of adolescent sexual health in Indiana. The data collected represents the most current information available.

Indiana Youth Risk Behavior Survey (YRBS) Data⁶

- In 2009, 53% of female high school students and 46% of male high school students in Indiana reported ever having had sexual intercourse compared to 46% of female high school students and 46% of male high school students nationwide.
- In 2009, 3% of female high school students and 6% of male high school students in Indiana reported having had sexual intercourse before age 13 compared to 3% of female high school students and 8% of male high school students nationwide.
- In 2009, 14% of female high school students and 14% of male high school students in Indiana reported having had four or more lifetime sexual partners compared to 11% of female high school students and 16% of male high school students nationwide.
- In 2009, 41% of female high school students and 32% of male high school students in Indiana reported being currently sexually active (defined as having had sexual intercourse in the three months prior to the survey) compared to 36% of female high school students and 33% of male high school students nationwide.
- In 2009, among those high school students who reported being currently sexually active, 52% of females and 66% of males in Indiana reported having used condoms the last time they had sexual intercourse compared to 54% of females and 69% of males nationwide.
- In 2009, among those high school students who reported being currently sexually active, 27% of females and 19% of males in Indiana reported having used birth control pills the last time they had sexual intercourse compared to 23% of females and 16% of males nationwide.
- In 2009, among those high school students who reported being currently sexually active, 16% of females and 27% of males in Indiana reported having used alcohol or drugs the last time they had sexual intercourse compared to 17% of females and 26% of males nationwide.
- In 2009, 90% of high school students in Indiana reported having been taught about AIDS/HIV in school compared to 87% of high school students nationwide.

Indiana Teen Pregnancy, HIV/AIDS, and Sexually Transmitted Disease Data

Teen Pregnancy, Birth, and Abortion

- Indiana's teen birth rate currently ranks 21st in the United States with a rate of 43.7 births per 1,000 young women ages 15–19 compared to the national rate of 41.5 births per 1,000.⁷ In 2008, there were a total of 8,210 live births reported to young women ages 15–19 in Indiana.⁸
- In 2005, Indiana's teen pregnancy rate ranked 27th in the United States with a rate of 62 pregnancies per 1,000 young women ages 15–19 compared to the national rate of 70 pregnancies per 1,000.⁹ There were a total of 13,740 pregnancies among young women ages 15–19 reported in Indiana.¹⁰
- In 2005, Indiana's teen abortion rate ranked 39th in the United States with a rate of 10 abortions per 1,000 young women ages 15–19 compared to the national rate of 19 abortions per 1,000.¹¹

HIV and AIDS

- Indiana's HIV infection rate ranks 23rd in the United States with a rate of 8.6 cases per 100,000 individuals compared to the national rate of 19.5 cases per 100,000.¹²
- Indiana ranks 17th in cases of HIV infection diagnosed in the United States among all age groups. In 2008, there were a total of 548 new cases of HIV infection diagnosed in Indiana.¹³
- Indiana's HIV infection rate among young people ages 13–19 ranks 22nd in the United States, with a rate of 5.6 cases per 100,000 young people compared to the national rate of 9.1 cases per 100,000.¹⁴
- Indiana ranks 20th in number of reported AIDS cases in the United States among all age groups. In 2008, there were a total of 416 new AIDS cases reported in Indiana. ¹⁵
- Indiana's AIDS rate ranks 27th in the United States, with a rate of 6.5 cases per 100,000 individuals compared to the national rate of 12.3 cases per 100,000.¹⁶
- Indiana's AIDS rate among young people ages 13–19 ranks 27th in the United States, with a rate of 0.9 cases per 100,000 young people compared to the national rate of 1.8 cases per 100,000.¹⁷

Sexually Transmitted Diseases

- Indiana ranks 29th in reported cases of Chlamydia among young people ages 15–19 in the United States, with an infection rate of 17.56 cases per 1,000 compared to the national rate of 19.51 cases per 1,000. In 2008, there were a total of 7,946 cases of Chlamydia reported among young people ages 15–19 in Indiana.¹⁸
- Indiana ranks 18th in reported cases of gonorrhea among young people ages 15–19 in the United States, with an infection rate of 5.29 cases per 1,000 compared to the national rate of 4.52 cases per 1,000. In 2008, there were a total of 2,396 cases of gonorrhea reported among young people ages 15–19 in Indiana.¹⁹

• Indiana ranks 23rd in reported cases of primary and secondary syphilis among young people ages 15–19 in the United States, with an infection rate of 0.02 cases per 1,000 compared to the national rate of 0.04 cases per 1,000. In 2008, there were a total of 11 cases of syphilis reported among young people ages 15–19 in Indiana.²⁰

FEDERAL FUNDING FOR SEX EDUCATION, TEEN PREGNANCY PREVENTION, AND ABSTINENCE-ONLY PROGRAMS

President's Teen Pregnancy Prevention Initiative

The President's Teen Pregnancy Prevention Initiative (TPPI) funds medically accurate and age-appropriate programs to reduce teen pregnancy. The U.S. Department of Health and Human Services, Office of Adolescent Health (OAH) administers the grant program, which totaled \$110 million in discretionary funding for Fiscal Year 2010. TPPI consists of two funding tiers that provide grants to local public and private entities. Tier 1 totals \$75 million and provides funding for the replication of evidence-based programs proven to prevent unintended teen pregnancy and address underlying behavioral risk factors. Tier 2 totals \$25 million and provides funding to develop and test additional models and innovative strategies. A portion of the Tier 2 funds, \$15.2 million, was allocated for research and demonstration grants to test innovative approaches, while the remaining funding, \$9.8 million, was allocated for grants to support communitywide initiatives. TPPI also dedicates \$4.5 million in funding to conduct evaluations of individual programs.

TPPI Tier 1: Evidence-Based Programs

The TPPI Tier 1 grant program supports the replication of evidence-based programs proven effective through rigorous evaluation to prevent unintended teen pregnancy, underlying behavioral risk factors, or other associated risk factors.

• There are no TPPI Tier 1 grantees in Indiana.

TPPI Tier 2: Innovative Approaches

The TPPI Tier 2 grant program supports research and demonstration programs in order to develop, replicate, refine, and test additional models and innovative strategies for preventing teenage pregnancy.

• There is one TPPI Tier 2 Innovative Approaches grantee in Indiana, PATH, Inc., who received \$998,164 for Fiscal Year 2010.

PATH (A Positive Approach to Teen Health), Inc., \$998,164 (2010–2014)

PATH, Inc. describes itself as an "educational nonprofit organization committed to equipping, empowering and encouraging teens to make healthy choices." The organization, located in Valparaiso, Indiana, is a long-time recipient of abstinence-only-until-marriage funding, having received grants under the now-defunct Community-Based Abstinence Education funding stream as well as sub-grants under the Title V abstinence-only-until-marriage program.

PATH, Inc. uses its Tier 2 grant to implement a three-year curriculum, *Planned Potential*, in 12 middle schools located in four rural Indiana counties: La Porte, Starke, Jasper, and Pulaski. *Planned Potential* is a combination of *Project AIM* and a module developed by the organization called *Pathblazer*. The program will serve 700 young people each year.

Project AIM (Adult Identity Mentoring) is an evidence-based youth development program designed to help adolescents identify their future goals and consider how engaging in risky behavior may negatively impact their ability to achieve those goals. The program is based on the "Theory of Possible Selves,"

which proposes that an individual's motivation is determined by the ability to imagine his future self. Those that are capable of imagining both possible positive and negative futures are therefore more inclined to work toward their life goals.²² The school-based intervention consists of 10 sessions which are divided into four units: 1) Legacy, Role Models, and Peers; 2) Self-Projection: Expanding Visions of Possible Selves; 3) Self-Expression through Work: Development of Possible Self; and 4) Skills of Fulfilling Positive Future Possible Selves.²³ The lessons consist of group discussions, interactive activities, and role-playing exercises to encourage youth to explore their personal interests, social surroundings, and their goals for their future adult life.²⁴ *Project AIM* is designed for use with African-American youth ages 11–14 and is also appropriate for use with Latino youth. Although it is a school-based program, it can also be implemented in community-based settings. An evaluation of the program published in the *Journal of Adolescent Medicine* found that at a 19-week follow-up, adolescents who participated in the program were significantly less likely to report having had sexual intercourse than participants in the control group; and, at a one-year follow-up, male participants were significantly less likely to report having had sexual intercourse than participants in the control group.²⁵

PATH, Inc. also operates a website for teens that includes videos, games, and other activities for youth that promote abstinence. For example, a game called "Hold Em, Fold Em" asks teens to decide whether to pursue a relationship after going on two dates based on virtual cards that offer characteristics of the potential partner, such as "wants to move too fast," "stays in shape," and "has a red convertible." The game then provides a response to tell the player if he or she made the right decision. For instance, a player who chooses to hold these three cards will receive this response: "Sounds like this one likes moving fast in more ways than one! Better stay away, you don't want to be stuck in the fast lane!" "26"

TPPI Tier 2: Communitywide Initiatives

The TPPI Tier 2 grant program also supports communitywide initiatives to reduce rates of teenage pregnancy and births in communities with the highest rates. The program awards grants to national organizations as well as state- and community-based organizations. Funded national partners provide training and technical assistance to local grantees. The Centers for Disease Control and Prevention (CDC) administer the grant program in partnership with OAH.

• There are no TPPI Tier 2 Communitywide Initiatives grantees in Indiana.

Personal Responsibility Education Program

The Personal Responsibility Education Program (PREP) totals \$75 million per year for Fiscal Years 2010–2014 and is the first-ever dedicated funding stream for more comprehensive approaches to sexuality education. The U.S. Department of Health and Human Services, Administration for Children and Families (ACF) administers the grant. PREP includes a \$55 million state-grant program, \$10 million to fund local entities through the Personal Responsibility Education Innovative Strategies (PREIS) Program, \$3.5 million for Indian tribes and tribal organizations, and \$6.5 million for evaluation, training, and technical assistance. Details on the state-grant program and PREIS are included below. At the time of publication, the funding for tribes and tribal organizations had not yet been awarded.

PREP State-Grant Program

The PREP state-grant program supports evidence-based programs that provide young people with medically accurate and age-appropriate information for the prevention of unintended pregnancy, HIV/AIDS, and other sexually transmitted infections (STIs). The grant program totals \$55 million per year and allocates funding to individual states. The grant does not require states to provide matching funds. Funded programs must discuss abstinence and contraception, and place substantial emphasis on

both. Programs must also address at least three of the following adulthood preparation subjects: healthy relationships, positive adolescent development, financial literacy, parent-child communication skills, education and employment skills, and healthy life skills.

• Indiana chose not to apply for PREP funds for Fiscal Year 2010.

Personal Responsibility Education Innovative Strategies (PREIS)

The PREIS Program supports research and demonstration programs to develop, replicate, refine, and test innovative models for preventing unintended teen pregnancy. ACF administers the grant program in collaboration with OAH and provides a total of \$10 million in funding directly to local public and private entities.

• There are no PREIS grantees in Indiana.

Title V State Abstinence Education Grant Program

The Title V State Abstinence Education Grant Program (Title V Abstinence-Only Program) allocates \$50 million per year to states for Fiscal Years 2010–2014. ACF administers the grant program. The Title V Abstinence-Only Program requires states to provide three state-raised dollars or the equivalent in services for every four federal dollars received. The state match may be provided in part or in full by local groups. All programs funded by the Title V Abstinence-Only Program must promote abstinence from sexual activity as their exclusive purpose and may provide mentoring, counseling, and adult supervision toward this end. Programs must be medically accurate and age-appropriate and must ensure abstinence is an expected outcome.

• Indiana chose not to apply for Title V abstinence-only funds for Fiscal Year 2010.

Indiana TPPI, PREP, and Title V Abstinence-Only Funding in FY 2010

Grantee	Award	Fiscal Years
Teen Pregnancy Prevention Initiative (TPPI)		
TPPI Tier 2: Innovative Approaches		
PATH (A Positive Approach to Teen Health), Inc.	\$998,164	2010–2014
TOTAL	\$998,164	
GRAND TOTAL	\$998,164	2010

COMPREHENSIVE APPROACHES TO SEXUALITY EDUCATION

SIECUS is not aware of any examples of model programs, policies, or best practices being implemented in Indiana public schools that provide a more comprehensive approach to sex education for young people.

We encourage you to submit any updated or additional information on comprehensive approaches to sex education being implemented in Indiana public schools for inclusion in future publications of the SIECUS State Profiles. Please visit SIECUS' "Contact Us" webpage at www.siecus.org to share information. Select "state policy" as the subject heading.

POINTS OF CONTACT

Adolescent Health Contact²⁷

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Indianapolis, IN 46204 Phone: (317) 233-1374

ORGANIZATIONS THAT SUPPORT COMPREHENSIVE SEXUALITY EDUCATION

ACLU of Indiana Indianapolis, IN

Phone: (317) 635-4059, ext. 230

www.aclu-in.org

Center for Sexual Health Promotion

Bloomington, IN Phone: (812) 855-0861

www.sexualhealth.indiana.edu

Gay Indy NOW Indianapolis, IN Phone: (866) 977-GLB www.gayindy.org

Get Real, Indiana! Indianapolis, IN (317) 637-4343

www.getrealindiana.org

Indiana AIDS Fund Indianapolis, IN Phone: (317) 630-1805 www.indianaaidsfund.org

Indiana Equality Indianapolis, IN Phone: (888) 567-0750

www.indianaequalityaction.org

Indiana Youth Group Indianapolis, IN Phone: (317) 541-8726 www.indianayouthgroup.org

Indiana Religious Coalition for Reproductive Choice

Lafayette, IN

Phone: (877) 441-5797

www.ircrc.org

The League of Women Voters of Indiana

Indianapolis, IN

Phone: (317) 241-VOTE

www.lwvin.org

National Association of Social Workers—

Indiana Chapter Indianapolis, IN Phone: (317) 923-9878 www.naswin.org

Planned Parenthood of Indiana

Indianapolis, IN

Phone: (317) 637-4343

www.ppin.org

ORGANIZATIONS THAT OPPOSE COMPREHENSIVE SEXUALITY EDUCATION

Indiana Family Institute American Family Association of Indiana

Indianapolis, IN Indianapolis, IN

Phone: (317) 423-9178 Phone: (317) 257-7221

www.hoosierfamily.org www.afain.net

MEDIA OUTLETS

Newspapers in Indiana²⁸

Indianapolis StarThe News-SentinelIndianapolis, INFort Wayne, IN

Phone: (317) 444-4000 Phone: (260) 461-8444 www.indystar.com www.news-sentinel.com

South Bend Tribune The Star Press
South Bend, IN Muncie, IN

Phone: (574) 235-1765 Phone: (765) 213-5830 www.southbendtribune.com www.thestarpress.com

The Journal Gazette The Times
Fort Wayne, IN Munster, IN

Phone: (260) 461-8831 Phone: (219) 933-3200 www.journalgazette.net www.timesonline.com

Tribune Star
Terre Haute, IN
Phone: (812) 231-4241
www.tribstar.com

Political Blogs in Indiana

Advance Indiana Blue Indiana

www.advanceindiana.blogspot.com www.blueindiana.net

Had Enough Indy? Indiana Politico

www.hadenoughindy.blogspot.com www.inpolitico.blogspot.com

¹ This refers to the federal government's fiscal year, which begins on October 1st and ends on September 30th. The fiscal year is designated by the calendar year in which it ends; for example, Fiscal Year 2010 began on October 1, 2009 and ended on September 30, 2010.

² Indiana Code 20-30-5-12, http://www.in.gov/legislative/ic/code/title20/ar30/ch5.html#IC20-30-5-12>

³ Indiana Code 20-34-3-17, http://www.ai.org/legislative/ic/code/title20/ar34/ch3.html#IC20-34-3-17>

⁴ Indiana Code 20-34-1-13, http://www.in.gov/legislative/ic/code/title20/ar34/ch1.html#IC20-34-1-3

⁵ Indiana Code 20-30-5-13, http://www.in.gov/legislative/ic/code/title20/ar30/ch5.html#IC20-30-5-13

- ⁶ Danice K. Eaton, et. al., "Youth Risk Behavior Surveillance—United States, 2009," Surveillance Summaries, Morbidity and Mortality Weekly Report, vol. 59, no. SS-5 (4 June 2010): 98–109, accessed 4 June 2010,
- <http://www.cdc.gov/mmwr/pdf/ss/ss5905.pdf>.
- 7 "Births: Final Data for 2008," *National Vital Statistics Report*, vol. 59, (Atlanta, GA: Centers for Disease Control and Prevention, December 2010), accessed 29 June 2011, http://www.cdc.gov/nchs/data/nvsr/nvsr59/nvsr59 01.pdf>, Table 12.
- 8 "VitalStats: Birth Data Files by State, Age of Mother in Years, 2008," (Atlanta, GA: Centers for Disease Control and Prevention), accessed 30 June 2011, http://www.cdc.gov/nchs/data-access/vitalstats/VitalStats-Births.htm>.
- ⁹ U.S. Teenage Pregnancies, Births, and Abortions: National and State Trends and Trends by Race and Ethnicity, (Washington, DC: Guttmacher Institute, January 2010), accessed 5 March 2010, http://www.guttmacher.org/pubs/USTPtrends.pdf, Table 3.1. ¹⁰ Ibid., Table 3.2.
- ¹¹ U.S. Teenage Pregnancies, Births, and Abortions: National and State Trends and Trends by Race and Ethnicity, Table 3.3.
- ¹² HIV Surveillance Report, 2008, (Atlanta, GA: Centers for Disease Control and Prevention, June 2010), accessed 28 June 2011, http://www.cdc.gov/hiv/surveillance/resources/reports/2008report/pdf/2008SurveillanceReport.pdf, Table 19.

 ¹³ Ibid.
- ¹⁴ Slide 9: "Rates of Diagnoses of HIV Infection among Adolescents Aged13–19 Years, 2009—40 States and 5 U.S. Dependent Areas," *HIV Surveillance in Adolescents and Young Adults*, (Atlanta, GA: Centers for Disease Control and Prevention, July 2011), accessed 27 September 2011, http://www.cdc.gov/hiv/topics/surveillance/resources/slides/adolescents/index.htm>. ¹⁵ *HIV Surveillance Report, 2008*, Table 20.
- 16 Tbid
- ¹⁷ Slide 18: "Rates of Diagnoses of AIDS Infection among Adolescents Aged13–19 Years, 2009—40 States and 5 U.S. Dependent Areas," *HIV Surveillance in Adolescents and Young Adults*, (Atlanta, GA: Centers for Disease Control and Prevention, July 2011), accessed 27 September 2011,
- http://www.cdc.gov/hiv/topics/surveillance/resources/slides/adolescents/index.htm>.
- ¹⁸ "Wonder Database: Selected STDs by Age, Race/Ethnicity, and Gender, 1996-2008 Results," (Atlanta, GA: Centers for Disease Control and Prevention, 30 June 2009), accessed 5 March 2010, http://wonder.cdc.gov/; see also Table 10: "Chlamydia: Reported Cases and Rates Per 100,000 Population by Age Group and Sex: United States, 2004–2008," *Sexually Transmitted Disease Surveillance 2008*, (Atlanta, GA: Centers for Disease Control and Prevention, Division of STD Prevention, November 2009), accessed 5 March 2010, http://www.cdc.gov/std/stats08/surv2008-Complete.pdf, 95.
- ¹⁹ Ibid; see also Table 20: "Gonorrhea—Reported Cases and Rates per 100,000 Population by Age Group and Sex: United States, 2004–2008," Sexually Transmitted Disease Surveillance 2008, 106.
- ²⁰ Ibid; see also Table 33: "Primary and Secondary Syphilis—Reported Cases and Rates per 100,000 Population by Age Group and Sex: United States, 2004–2008," Sexually Transmitted Disease Surveillance 2008, 121.
- ²¹ "About Us," A Positive Approach to Teen Health, accessed 30 August 2011,
- < http://www.pathblazer.org/about.php>.
- ²² "Adult Identity Mentoring (Project AIM)" Evidence-Based Programs, Resource Center for Adolescent Pregnancy Prevention (ReCAPP), ETR Associates, accessed 1 July 2011,
- http://www.etr.org/recapp/index.cfm?fuseaction=pages.ebpDetail&PageID=573>; see also "Project AIM: Adult Identity Mentoring, A Youth Development Intervention for HIV Risk Reduction," Centers for Disease Control and Prevention, Division of HIV/AIDS Prevention, accessed 18 August 2011,
- http://www.cdc.gov/hiv/topics/prev_prog/rep/packages/pdf/aim.pdf>.
- ²³ "Adult Identity Mentoring (Project AIM)" Evidence-Based Programs, Resource Center for Adolescent Pregnancy Prevention (ReCAPP), ETR Associates, accessed 1 July 2011,
- http://www.etr.org/recapp/index.cfm?fuseaction=pages.ebpDetail&PageID=573>.
- ²⁴ "Adult Identity Mentoring (AIM)," Promising Practices, San Bernardino County Department of Public Health, accessed 1 July 2011,
- http://www.healthysanbernardinocounty.org/modules.php?op=modload&name=PromisePractice&file=promisePractice&pid=3633>.
- ²⁵ "Pregnancy Prevention Intervention Implementation Report: Adult Identity Mentoring (Project AIM)," Programs for Replication Intervention Implementation Reports, U.S. Department of Health and Human Services, accessed 1 July 2011, http://www.hhs.gov/ash/oah/prevention/research/programs/adult_identity_mentoring_project_aim.html.
- ²⁶ "The Games," A Positive Approach to Teen Health (PATH), Inc., accessed 30 August 2011,
- http://www.pathblazer.org/media/games.php>.
- ²⁷ The person listed represents the designated personnel in the state responsible for adolescent reproductive health.
- ²⁸ This section is a list of major newspapers in the state and is by no means exhaustive of local print outlets.